

Toilet training programs

Frequently asked questions

What options are available for getting my child toilet trained?

The Marcus Autism Center Severe Behavior Programs offer treatment for toilet training. The treatment typically consists of regular trips to the bathroom, reinforcement for using the bathroom appropriately and teaching your child to ask to use the bathroom. The three different toilet training programs available are:

- Three-day Brief Behavioral Intervention Toilet Training Program
- Two-week Intensive Toilet Training Program
- Two-week Bowel Movement Training Program

How do I know which program best suits my child?

To best serve your child's needs, it is important for our team to determine the most appropriate service. Prior to your child's admission, you will be asked a series of questions over the phone or in person during an appointment. After this brief screening, we will determine which program is right for your child. An intake specialist will then contact you to offer services for the appropriate program.

Three-Day Brief Behavioral Intervention Toilet Training Program

The three-day program primarily focuses on training you to implement procedures necessary to successfully toilet train your child. Your participation is heavily emphasized throughout. A therapist will work with you on increasing continence and decreasing accidents for your child. The appointments will consist of one two-hour consultation, one six-hour appointment in the clinic that focuses on training you and directly toilet training your child, and concludes with one two-hour follow-up appointment conducted in your home. This service is most often

recommended for younger children that exhibit mild to no problem behavior and who have been previously unsuccessful with typical toileting strategies.

Two-week Intensive Toilet Training Program

The two-week program focuses on training children through interventions that use consistency and reinforcement. Your child will attend the program in the clinic for six hours a day for approximately 10 days. Unlike the three-day program, this two-week program will begin with therapists providing treatment services within the clinic. However, you are required to be present for training before discharge. Follow-up services are provided on an as needed basis. This service is most often recommended for children that exhibit mild to severe problem behavior, older children, and children that have been unsuccessful with intensive toilet training in the past.

Two-week Bowel Movement Training Program

This is a two-week program that offers interventions designed to treat bowel incontinence. Your child will attend the program in the clinic for up to three hours a day for approximately 10 days. You are required to be present for training before discharge. Interventions include the use of suppositories, reinforcement and consistency. This program requires clearance from a medical doctor prior your child starting the program. In addition, you will be required to collect data prior to clinic appointments. This program is best for children who are not having urine accidents but have a history of constipation or who are not having regular bowel movements in a toilet.

Questions

Email marcusbtcintake@choa.org or call 404-785-9311 for more information.