

# Brief Behavior Interventions Program

## Frequently Asked Questions

### What is the Purpose of Brief Behavior Interventions Program?

The Brief Behavior Interventions Program (BBI) focuses on working with caregivers to identify effective behavioral interventions to address specific behavior problems in the home and community settings and on providing coaching to those caregivers so that they can implement those strategies successfully.

### When are the Sessions?

The program consists of 10 weekly, two hours visits. Appointment times are between the hours of 9 AM and 5 PM. Our scheduling team will work with you to find a consistent day and time for these appointments

### Where do Sessions Take Place?

The sessions are held in your home, the community, or a combination of these. The location of services depends on where the behavior of concern is most problematic and most likely to occur.

### What is the Attendance Policy?

Treatment works only when there are regular appointments. BBI has a strict no-show/cancellation policy. Services will be terminated after either:

- No one is home when the therapist arrives for two appointments, or
- Three canceled appointments.

Canceled appointments are not rescheduled, and count against the total of 10 available sessions.

If 24-hour notice of a cancellation is not provided, an absence is counted as a missed appointment.

### Who Must Be Present During Sessions?

The child and the caregiver who is seeking the services must be present and willing to participate for the entirety of each visit. During the appointment a consultant will work with caregivers to design interventions for the caregivers to use with their child. The consultant will rarely work with your child directly. Instead, the consultant will

- Help to problem solve
- Teach you how to use the intervention.

We welcome other caregivers to participate in appointments. Having all the people who are part of your child's life participate in training helps ensure consistency. Consistency is an important part of treating problem behavior.

### Is this the Right Program for my Child?

BBI is best for children who engage in problem behavior in the home or community settings. Caregivers must be available and willing to actively participate in all appointments, and to practice the treatments between appointments. Because consultants do not provide direct services to clients, BBI is only appropriate for families who are seeking help learning how they can better manage problem behavior. This service is also not ideal for:

- Caregivers who need assessments or interventions that focus only on increasing skills.
- Those who want a focus on problem behaviors within the school setting.

In some situations 1 or 2 of the scheduled appointments can be scheduled in the school. But the purpose of these appointments will be to inform and train school personnel in how to implement treatments that have already been developed in the home or community.

### Questions

Email [marcusbtctintake@choa.org](mailto:marcusbtctintake@choa.org) or call 404-785-9311 for more information.