

# Marcus Autism Center Caregiver Workshop Series

# **Nutrition Workshop**

## About the workshop

Feeding concerns are common for children with autism such as picky eating, unwillingness to try new foods, strong food preferences, and inconsistent appetite. It is often difficult to tell whether a child's eating habits are normal or require attention. This workshop will be led by a nutritionist in our Feeding Program and will review: types of feeding problems associated with autism, tips for expanding your child's diet, recommendations for mealtime routines, and tips for reducing meal-time related problem behaviors.

### **Upcoming dates**

- Tuesday, June 5, 2018: 2:00-4:00 p.m.
- Tuesday, August 28, 2018: 2:00-4:00 p.m.

### Registration

The cost is \$25 for this workshop. Registration is required prior to attendance. To register for this workshop, please complete our <u>Marcus Payment Link</u>. Please note this is a secure encrypted website. Once your payment is processed, you will receive a confirmation receipt by email and you will be placed on the confirmed list. You will receive an informational email one week prior to the workshop. All workshops will be held at Marcus Autism Center. <u>We reserve the right to cancel or reschedule any workshop</u>. Workshops are for caregivers only; childcare is not available.

For questions, please contact Michelle Denney at Michelle.Denney@choa.org

